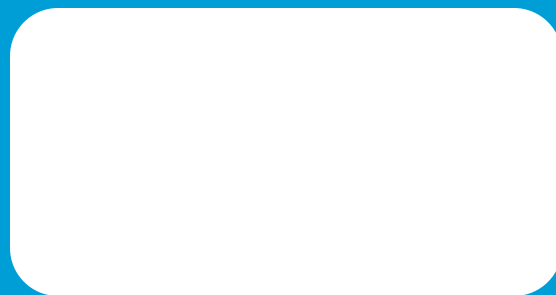


# OUR PLACE FOR A SUMMER OF FRIENDSHIP AND GROWTH



Woodruff Family YMCA  
631 Orange Avenue  
Milford, CT 06461



A branch of the Central Connecticut Coast YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

CENTRAL CONNECTICUT COAST YMCA

## PLAY LEARN GROW



CAMP WEPAWAUG  
& DISCOVERY  
WOODRUFF FAMILY YMCA

Discovery Camp

Camp Wepawaug

Specialty Camps

# 2013 DAY CAMP BROCHURE

## WHAT'S IN IT FOR YOU?

At the Woodruff Family YMCA we believe that camp is more than the trees, fields, pools and picnic tables. Camp is the songs that are sung, friendships that are made, lessons that are learned and the feeling children get when they know they are welcome and belong.

At Y Camp we strive to develop the character of our young campers in a fun and nurturing environment. Our goal is to provide a positive camp experience by enabling each camper and staff member to learn, grow, and laugh in a safe and accepting atmosphere. Camp Staff model the character values of honesty, respect, responsibility, and caring every day.



## GOALS FOR CAMPERS

- Campers will have the opportunity to make new friends.
- Campers will have the chance to learn a skill or try something new.
- Campers will have the chance to interact with the natural environment and learn how to respect and care for it.
- Campers will have the opportunity to have FUN!

## OUR MISSION

To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

## HERE FOR YOU

The Y welcomes all who want to participate in camp. Financial Assistance applications are available at the Member Service desk. To apply, submit a completed application **PRIOR** to registering for Camp. Once approved, you may register for Camp with a \$20 deposit per session and \$25 registration fee. You will also be required to complete a State Care 4 Kids application when you apply for F.A. **The deadline for Financial Assistance applications is May 1, 2013.**

## DISCOVERY CAMP

### CONTACT INFORMATION

**DISCOVERY:** Brenda Pasquariello 203 878 6501 ext. 3125

**EMAIL:** bpasquariello@cccymca.org

**WEBSITE:** www.woodruffymca.org

Your child will have the opportunity to experience a summer program in a caring, nurturing environment. Our Discovery Staff comes from the YMCA child care department which brings years of experience working with this age group. Discovery falls under the Camp Wepawaug license and accreditation. It is designed for children ages 3-6. For children who are not quite ready to spend an entire day away from mom and dad, our Part Time option is a great choice. We offer a rest time to the 3 and 4 year olds, however, a nap cannot always be guaranteed. Once the traditional camp day begins, campers will be separated into age groups of 3 and 4 year olds and 5 and 6 year olds and they will participate in themed, age appropriate activities. All children in the program must be completely toilet trained for the health and safety of all our participants. Diapers and pull-ups are not permitted at camp.

DISCOVERY RATES		
Weekly Options	Facility Member	Non Member
Part Time (Tuesday & Thursday)	\$108* week 2 \$55	\$162* week 2 \$82
Part Time (Monday—Friday)	\$215* week 2 \$172	\$267* week 2 \$212
Full Time (Tuesday & Thursday)	\$162* week 2 \$82	\$187* week 2 \$94
Full Time (Monday—Friday)	\$294* week 2 \$232	\$321* week 2 \$256

\*Adjustment due to July 4th holiday



## WHAT CAMPERS NEED FOR CAMP

1. All children should wear sneakers and casual summer clothing.
2. Labeled Sunscreen (spray bottles required & bug spray should be applied before camp and sent in to reapply).
3. Labeled Snack in a separate bag. **(DISCOVERY CAMPERS AND EXPLORERS)**
4. Labeled water bottle.
5. Bathing suit and towel with a plastic bag for wet clothes. (We recommend water shoes for water play on the camp grounds and around the pool deck.)
6. Labeled Lunch in a paper bag. All lunches are refrigerated. No coolers or lunch boxes please. \*Remember we are **ALLERGY AWARE**. Please make sure you do not pack any products containing nuts! Please make sure Lunch and Snack are in separate labeled paper bags. **(DISCOVERY AND EXPLORERS)** Please write your child's name on all belongings they bring to camp. We will try to return all marked articles, but cannot guarantee their return. Lost and found will be discarded at the end of each session.

## PERSONAL BELONGINGS

Toys (including all trading card games and hand held electronic games), electronics, weapons of any kind, animals, personal sports equipment, other personal items as well as tobacco, alcohol, or illegal substances should not be brought to camp. These items will be taken to the camp office and locked up until the child's parent comes to pick them up. **The YMCA is not responsible for any lost items, including clothing.**

## FIELD TRIP BUS PROCEDURES (DISCOVERY 5&6'S, PIONEERS, AND ADVENTURERS)

1. All children and adults wear seat belts
  2. Everyone must remain seated while on the bus
  3. All body parts must remain inside the bus
  4. No eating or drinking in the vehicle
  5. Attendance will be taken prior to the vehicle's departure
  6. Discovery and Pioneers are to wear their camp shirt on field trip days.
- In the event of an emergency or delay, the Camp Office will be notified by the Camp Staff. The Camp Staff will make every effort to contact affected families.



## INCLUSIVE & ADAPTIVE PROGRAMMING

At the Woodruff Family YMCA, we believe all children should have a camp experience. If your child requires special accommodations (social, behavioral, medical) we will need an individualized care plan signed by the child's physician as well as their parent. We would like to set up a time to meet with you and your child before camp, so we can work together in establishing a plan to best suit your child's needs. Please contact Nicole Servas at 203 878 6501 ext. 3116 for Wepawaug and Brenda Pasquariello at 203 878 6501 ext. 3125 for Discovery .



## INJURY & ILLNESS AT CAMP

Please inform Camp Staff immediately about the nature of your child's illness. If your child has a communicable disease, please tell us when it first appears. A child who feels sick while at camp will be brought to the Camp First Aider. The parents will be contacted as well as the child's doctor if deemed necessary by the parents and/or Camp Staff.

If your child is injured, the Camp First Aider, Director, and Camp Staff will take whatever steps necessary to administer care and/or obtain medical care. These steps include, but are not limited to the following:

1. Administer First Aid, in accordance with American Red Cross guidelines
2. If necessary, call an ambulance or paramedic
3. Attempt to contact parent/guardian
4. If parent/guardian cannot be contacted, attempt will be made to contact any of the persons listed on the emergency contact form.
5. If necessary, have the child taken to a hospital in the company of a staff member.

Parents will be notified by Camp Staff of injuries to the child including, but not limited to, any injury above the shoulders, bee stings, deep cuts, or other serious injuries.

## SWIMMING AT CAMP

Swimming is a fun and important component of our Day Camp. Each day, your child's group will have an instructional swim period. During that time, both Lifeguards and Counselors will be in the pool with your child. All campers will be put into lesson groups based on a swim test taken on the first day of each session. It is important that all campers bring a bathing suit, towel, and change of clothes each day. Flotation devices, including swimies, are **not** allowed in the pool at any time. Swimming on the first day of a session is a testing day followed by free swim, and the last day of a session is a fun day. Discovery children will remain in the shallow end until their ability has progressed to allow for deeper water activities. This will be determined by the head lifeguard.



## INCLEMENT WEATHER

Our program runs rain or shine so please prepare your camper in the morning for the weather that day. In the event of rain, our Staff will be directing groups to the morning assembly locations. Camp Wepawaug will only go indoors if there is a thunderstorm or a heat advisory issued by the State of Connecticut.

## ARRIVAL

For our traditional arrival, campers should be dropped off to the designated sign in table, accompanied by their adult, no earlier than 9:00 AM, unless registered for AM care at Camp Wepawaug or Full Time for Discovery. Also available, express drop off to allow you to drop off your children and sign them in from the comfort of your car. Express drop off takes place between 8 and 9 am. Please stay to the right side of the parking lot for everyone's safety. Parents should remain in their car and sign their child in through their window, their child will be escorted out of the passenger side of the vehicle by camp staff and brought to their designated camp area. Parents will then be able to merge carefully, back into traffic to exit the YMCA. We hope you take advantage of this service, however we also want to get to know our parents, so on your child's first day of camp we encourage you to park and meet us at the sign in tables.



## DISMISSAL

Camp closing and dismissal for Discovery Part Time is at 2:00 PM. Camp Wepawaug dismissal will begin at 3:45 PM. Parents are asked to sign out at the table and then proceed to the campers group table at the bottom of the hill. Camp closing and dismissal for Discovery Full Time and Camp Wepawaug PM Care ends at 6PM. **Children will only be released to those persons listed on the Authorization to Pick-Up list and ID's will be checked by staff.** If a child is not picked up at their registered departure time, a late fee of \$15 for the first 15 minutes and \$1 for each additional minute will be applied, repeated lateness may affect the ability for the child to remain in the program.

## DISCOVERY GROUPS

**Preschool Group:** Each week these campers will participate in an On Site Special Event/Entertainer, Daily Arts and Crafts, "Music and Movement", Daily Swim Times, Swimming Instruction (3 times a week), Fitness, Group Games, Water Games, Nature Walks, Zumbatomic®, and Weekly Themed Activities.

**K-1ST Grade Group:** Each week these campers will participate in an Off Site Field Trip, Daily Arts and Crafts, "Music and Movement", Daily Swim Times, Swimming Instruction (3 times a week), Fitness, Group Games, Water Games, Nature Walks, Zumbatomic® and Weekly Themed Activities.



## TO JOIN US AT DISCOVERY

A one-time, per family non-refundable registration fee of \$50 is due with the completed registration form. A non-refundable \$25 deposit is required for each weekly session. Weekly payment must be paid through auto draft by the Thursday prior to the week your child attends. **Payments must be received before the child is permitted to attend the program.** \*No changes to schedules will be accepted after 6:00 PM on Thursdays.\* Change forms are available at the Welcome Center. We reserve the right to drop a child from a session if balance is not paid in full. Camp fees (excluding registration fee and deposit) will be refunded if withdrawal is done 2 weeks prior to the start of a session. After that time, camp fees will not be credited or refunded. All changes must be in writing. **Registration fees and deposits are non-refundable non transferrable. Credits and refunds will not be issued for absences from camp, pool closures, or inclement weather.**

## DISCOVERY CAMP THEMES

- Week 1- Aloha Summer
- Week 2- Hollywood Heroes
- Week 3- Dr. Seuss on the Loose
- Week 4- To Infinity and Beyond
- Week 5- Just Keep Swimming
- Week 6- Animal Planet
- Week 7- Planes, Trains, and Automobiles
- Week 8- Monster Mash
- Week 9- Super Science Week



## CAMP WEPAWAUG

### CONTACT INFORMATION

**WEPAWAUG:** Nicole Servas (203) 878-6501 ext 3116

**EMAIL:** nservas@cccymca.org

**WEBSITE :** www.woodruffymca.org

**CAMP OFFICE:** (203) 878-6501 ext . 3129

Camp Wepawaug is a State Licensed Day Camp for campers entering grade 2-11, located on our Y grounds with over 20 acres of open fields and woodlands. Each day, our caring and creative camp staff provide a safe, enriching, and fun experience for every camper. With activities like Arts and Crafts, Swimming, Sports, Group Games, and Nature as well as special activities centered around a session theme, the summer will fly by! We are proud that Camp Wepawaug is accredited by the American Camping Association, or ACA. ACA-accredited camps meet up to 300 standards for health, safety, and program quality. To learn more about ACA, visit [www.ACAcamps.org](http://www.ACAcamps.org).

Camp Wepawaug Day Camp is an active **Outdoor Camp** that covers a lot of ground. Promptness is very important in order to ensure that your child will participate in all of our daily activities. After opening, the campers will have a camper's choice session. On Monday, they will choose which activity they wish to participate in during camper's time choice for the remainder of the session. The rest of the Camp day will consist of 40 minute periods that will rotate a variety of activities, including (but not limited to) Swimming, Playground, Environmental Activities, Sports, Group Games, Board Games and more. Camp specialty activities are subject to change. The staff is of the understanding that unless otherwise informed, your child has permission to participate in all activities.

### CAMP WEPAWAUG Hours

Traditional Day	9:00 AM- 4:00 PM
AM Extended	7:15 AM- 9:00 AM
PM Extended	4:00 PM- 6:00 PM

WEPAWAUG RATES		
Session I-IV	Facility Member	Non Member
Explorers	\$300 / session *\$270 Session 1	\$ 373/ session *\$336 Session 1
Pioneers	\$305 / session *\$275 Session 1	\$378 / session *\$340 Session 1
Swim/ Archery Camp	\$414 / session *\$377 Session 1	\$514 / session *\$467 Session 1
Adventurer	\$392 / session *\$353 Session 1	\$490 / session *\$441 Session 1
Leader	\$225 / session *\$202 Session 1	\$302 / session *\$275 Session 1
AM Extended 7:15-9	\$60 / session *\$55 Session 1	\$88 / session *\$80 Session 1
PM Extended 4-6	\$87 / session *\$79 Session 1	\$109 / session *\$99 Session 1
Session V	Facility Member	Non Member
All Campers	\$151 session V	\$212 session V
Adventurers Extreme	\$292 session V	\$343 session V
AM Extended 7:15-9	\$38 session V	\$55 session V
PM Extended 4-6	\$55 session V	\$80 session V

\*Adjustments due to July 4th holiday.

\*\*Split session rate is 65% the total session rate.

#### WEPAWAUG GROUPS

**Explorers:** Campers entering grades 2&3. These campers will experience a special event/entertainer twice per session in addition to traditional camp activities.

**Pioneers:** Campers entering grades 4-6. Archery is part of the camp program for this age group. Campers 10-11 years old may also sign up for camp overnights. These campers will go on one field trip and one special event per session in addition to traditional camp activities (no trip session V).

**Adventurers:** Campers entering grades 7-9. These campers will leave daily in sessions I- IV for trips throughout the Connecticut. Trips include bowling, ice skating, state parks, movies, museums, and more. These campers have an overnight each session. All participants in this group will leave Camp daily for half and full day trips. Buses leave Camp at 9:30 AM daily and will return to camp between 3-4:00 PM. A calendar of all trips can be obtained from the Camp Office and will be sent home on the first day of camp. Campers should be prepared for the scheduled trip, however, be aware that changes may occur due to weather or other unforeseen events. You may provide your child with extra money for a souvenir. For overnights youth should be prepared with sleeping gear and a tent.

**Leaders:** Campers entering grades 10-11. These campers will learn about what it takes to be a leader. They will participate in leadership activities and assist counselors.

**All Campers Session V:** In addition to traditional camp activities, campers will have an entertainer. Specialty areas are subject to change.

#### SPECIALTY CAMPS

**Swim Camp Level 1:** Swim Camp is available Sessions I and III only for swimmers entering grades 4-6 who can swim one length of the pool (25 yards) each of freestyle with rotary breathing, backstroke, breast stroke, and has an understanding of butterfly. This is designed for a swimmer who'd like to swim longer distances and be able to do all four competitive strokes correctly and have fun.

**Swim Camp Level 2:** Swim Camp is available Sessions I and III only for swimmers entering grades 4-6 who can complete a 100-yard individual medley which includes one length each of the four competitive strokes. Emphasis will be on proper stroke mechanics and endurance. Flip turns and dives will be worked on as well.

**Archery Camp:** Archery Camp is available Sessions II and IV only for Campers entering grades 4-6. These campers will participate in 2 hours of instructional lessons, safety training, and archery games, in addition to regular camp activities. These campers may not sign up for Swim Camp during sessions II and IV.

**Adventurers Extreme:** is for Campers entering grades 7-9. Campers will go on more "extreme" trips daily such as Lake Compounce and Laser tag. This is offered session V only.



#### TO JOIN US AT WEPAWAUG

A one-time, per family non-refundable registration fee of \$50 is due with the completed registration form. A non-refundable \$60 deposit is required for each session and is applied towards your camp balance. **Payment in full for Sessions I and II is due by May 15, 2013. Payment in full for Sessions III-V is due by June 15, 2013. Registrations for Session I and II will require payment in full beginning on May 1. Registrations for Sessions III-V will require payment in full at time of registration beginning on June 1.** Auto draft payment options are available from your MasterCard, Visa or Checking account. Registration for each session and all add/drop forms are due to the Welcome Center the Thursday before the session begins by 6PM. We reserve the right to drop a child from a session if balance is not paid in full. Camp fees (excluding registration fee and deposit) will be refunded if withdrawal is done 2 weeks prior to the start of a session. After that time, camp fees will not be credited or refunded. All changes must be in writing. **All registration fees and deposits are non-refundable and non transferrable. Credits and refunds will not be issued for absences from camp, pool closures or inclement weather.**

To qualify for member rates, your child must be a member prior to or at the time of camp registration and must remain a member through their scheduled camp session.

#### CAMP WEPAWAUG THEMES

- Session 1- Hooray for Hollywood!
- Session 2- Oh the Places You'll Go
- Session 3- Color Wars
- Session 4- Heroes and Villains
- Session 5- Time Warp!



#### WHAT WE EXPECT AT CAMP

At Camp, we believe strongly in the YMCA core values of Caring, Honesty, Respect, and Responsibility. We ask all campers, staff, parents, and visitors to uphold these values while at camp. All groups will participate in a camp contract and every child is expected to follow camp rules. However, if a child disrupts the program, this discipline policy will be followed:

**1st Step** Counselor will speak with the child regarding behavior and a consequence appropriate to the action will follow.

**2nd Step** Counselor will address behavior with camper and Camp Management Staff who may contact parent in addition to a consequence.

**3rd Step** Camp Management Staff will contact parent in addition to the consequence.

**4th Step** The child will be immediately suspended from the program and a meeting will be set up between the Director, Unit Director, and Parent.

The Director reserves the right to suspend a child, without reimbursement, for a specified period of time. If the situation cannot be resolved, the child may be dismissed from the program.

#### CAMP ATTENDANCE

Campers are expected to attend Day Camp and all scheduled activities on all the days they have been registered. If your camper needs to be picked-up early, please contact the Camp Office at ext. 3129 for Wepawaug Campers or ext. 3125 for Discovery Campers. Please let us know if your child will not be attending on any certain day in advance.



#### CAMP HEALTH AND SAFETY

ACA accreditation requires that every child have a camp physical completed by a physician not older than 2 years on file. Completed forms must be submitted at by June 1st. **CHILDREN WILL NOT BE ALLOWED TO ATTEND CAMP WITHOUT A COMPLETE AND CURRENT MEDICAL FORM.** If your child currently attends another Y program and has a medical on file, you will still need to submit a separate camp medical form. If your child needs to take medication during Camp hours, please submit a Camp Administration of Medications form that has been signed by the doctor and parent along with the medication in its original container with the prescription label attached. If you have any questions please contact the Camp Director prior to the start of Camp. If your child is sick, please keep them home for their sake and for the sake of the other campers. Though you may think it is just a cold, when your child doesn't feel well, they aren't able to fully participate in all the camp fun.