



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VALLEY YMCA SUNSET 5K & 2 MILE FITNESS WALK

To Benefit the VALLEY YMCA Strong Kids Campaign

Join us on June 13, 2012 at 7:00pm for the Valley YMCA's 4th annual Sunset 5K race and 2 mile fitness walk held at Prendergast school in Ansonia, CT. Race proceeds will benefit the Strong Kids Campaign which provides funds needed to make programs available, provide recreational learning and life enhanced experiences that build strong kids, strong families and strong communities.

- T-Shirts for first 200 registered participants
- Medals to be given to top three finishers of each age group
- Entertainment by DJ Phyllis Kaplan
- Complimentary refreshments after the race

WHEN: June 13, 2012

TIME: 7:00pm

LOCATION: PRENDERGAST SCHOOL
59 Finney Street
Ansonia, CT 06401

CONTACT: Mark LaFortune P 203 736 1435 E mlafortune@cccymca.org

Register on-line at www.hitekracing.com OR In person at the Valley YMCA

Valley YMCA
A Branch of the Central Connecticut Coast YMCA
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