



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **BEHAVIOR MANAGEMENT**

The goal of discipline is to help the child develop inner controls so that he/she may move toward appropriate social behavior. Methods for resolving conflicts are:

- Positive guidance
- Setting clear limits
- Redirection

When disputes arise among children or between a child and teacher, the teacher will encourage a talking out process among those involved. The goal of this talking out process will be to acknowledge feelings and find solutions using children's ideas whenever possible.

A child who may be overly aggressive or is repeatedly destructive of other children's work may be asked to make an activity choice in another area if talking things through has not resulted in better self-control.

Staff will continuously supervise children during disciplinary actions.

Staff shall not be abusive, neglectful, physical or use corporal, humiliating or frightening treatment or punishment under any circumstances. No child shall be physically restrained unless it is necessary to protect the safety and health of the child or another child or adult.

It is the desire of the YMCA to foster acceptable behavior in all children. Therefore it is expected that each child will:

- Respect Adults
- Respect peers
- Respect property
- Use quiet voices and appropriate language at all times
- Keep hands and feet to yourself (NO hitting, kicking or fighting)
- Do not deface anyone's property including that of the Stratford YMCA or sites being used
- Do what is asked of you by those who are responsible for you
- Follow all the rules specific to the program.

By reinforcing these expectations it is hoped that each child will develop self-discipline skills.

**I have read the above statements, and understand the behavior modification techniques that have been explained and discussed with me and understand the statements I have read above.**

Childs Name \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_