OPEN GYM RULES

THE FOLLOWING RULES ARE IN PLACE TO ENSURE THAT YOU AND OTHERS HAVE A GOOD TIME DURING OPEN GYM. PLEASE FOLLOW ALONG THE WALL TO VIEW THE RULES AND SIGN THAT YOU HAVE READ THE RULES OF OPEN GYM.
RULES:

1. **PAY ATTENTION TO THE SUPERVISOR(S) RUNNING OPEN GYM... THEY MAY ASK YOU TO LEAVE AND IF YOU LEAVE YOU ARE NOT ALLOWED BACK... EVER!**

2. **IF YOU CAN WALK INTO OPEN-GYM, PLEASE ENSURE THAT YOU CAN WALK OUT OF OPEN-GYM ~ PLEASE DO NOT TRY A SKILL THAT YOU ARE NOT READY FOR.**

3. **SUPERVISOR(S) ARE LIKE LIFEGUARDS. SUPERVISORS WILL NOT TAKE THE TIME TO SPOT OR INSTRUCT IF THERE ARE MANY PARTICIPANTS DURING OPEN GYM.**
RULES: (CONTINUED)

4. OPEN-GYM ENDS AT 9:00PM. PLEASE CONTACT YOUR RIDES AT 8:45PM.

5. PLEASE DO NOT USE THE Y’S EQUIPMENT IN A NEGATIVE MANNER (BE KIND TO THE EQUIPMENT)

6. PLEASE USE CHALK IN A RESPONSIBLE WAY ON ALL “BAR” EQUIPMENT

7. NO SOCKS OR SHOES PERMITTED DURING OPEN-GYM

8. THE Y IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS, PLEASE STORE YOUR PERSONAL ITEMS IN A SAFE LOCATION

9. PLEASE KEEP YOURSELF TO YOUR SELF, NO TOUCHING/HITTING/KICKING… ETC.
10. ONE PERSON ON THE TRAMPLINE/BARS/PIT AT A TIME (NO EXCEPTIONS)
11. PLEASE BE RESPECTFUL OF THOSE AROUND YOU
12. IF THERE IS A LINE (DON’T CUT) THOSE THAT CUT WILL BE ASKED TO LEAVE AND NOT RETURN
13. HAVE FUN!!!
14. PLEASE SIGN THAT YOU HAVE READ THESE RULES.