



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **DISCOVER LEARNING DISCOVER GYMNASTICS**

What do you get when you take preschool gymnastics and add learning a,b,c's and 1,2,3's: A clever new approach to learning called **DISCOVERY DOLPHINS!** This **PRESCHOOL DROP-OFF** program will have your child exercising in 45 minutes of gymnastics followed by a story and craft, all centered around weekly themes. This class is perfect for the child who attends preschool two days a week but could use one more day of activity or fun with friends!

## **AGES**

For boys and girls 3 – 5 years old

## **WHEN**

Tuesday 9:15 am – 11:15 am

Friday 9:15 am – 11:15 am

Friday 12:30 pm – 2:30 pm

## **WHERE**

Lakewood-Trumbull YMCA Family Program Center

## **CONTACT**

Jennifer Arnone – Gymnastics Coordinator

[jarnone@cccyymca.org](mailto:jarnone@cccyymca.org)

## **VALUE**

Participants in the current session can enjoy many different amenities that come with a YMCA program. The Y has great class ratios, professional leaders, different teaching approaches, and offers fun for all participants. Participants can make-up a class if missed within the current session and can enjoy open-gym time during regularly scheduled days and times of the week to improve on their skills.



## **LAKWOOD-TRUMBULL YMCA**

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