



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RELAX EXPLORE AND PLAY AT OUR OUTDOOR YMCA

Join the Lakewood-Trumbull Y Family Outdoor Center

Our 47 acre facility includes 3 pools, a pond for fishing as well as boating, basketball and tennis courts, mini golf, concession stand and a 2500 square foot pavilion.

Located at 204 Stanley Road in Monroe, the Y Outdoor Family Center is open from Memorial Day through Labor Day.

Center Hours/Pool Hours:

May/June

Mon - Fri: 12:00 pm - 7:15 pm

Sat - Sun: 10:00 am - 7:15 pm

July/August/September

Mon - Fri: 12:00 pm - 8:00 pm

Sat - Sun: 10:00 am - 8:00 pm

Boating Hours:

Mon - Fri: 3:40 pm - 5:00 pm

Sat - Sun: 2:00 pm - 5:00 pm

Mini Golf Hours:

Mon - Fri: 3:40 pm - 7:00 pm

Sat - Sun: 2:00 pm - 7:00 pm



To register or request additional information about the YMCA Outdoor Center, please contact us during the off-season at 203.445.9633 or after May 1st at 203.261.2566

LAKESWOOD-TRUMBULL YMCA

20 Trefoil Drive, Trumbull CT 06611

P 203 445 9633 F 203 445 9080 W lakewoodtrumbullymca.org



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LAKWOOD-TRUMBULL YMCA Outdoor Family Center Membership Information

MEMBER CONDUCT POLICY The Lakewood-Trumbull YMCA is a family organization valuing personal responsibility, honesty, mutual respect, and non-violence. By joining, members subscribe to Y policies and are expected to abide by its rules. Patrons are NOT allowed to bring alcohol, drugs or animals to the facility or onto YMCA property. Smoking is prohibited. Membership may be revoked or suspended if members engage in vandalism, theft, or unnecessary physical roughness, use obscene or threatening language, or act in an abusive or intimidating manner to other members or staff. Our staff is responsible for enforcing YMCA guidelines and has the right to bar members from the facility/program for violation of rules. Suspension or revocation of membership privileges will occur only after consultation with the Executive Director or his/her designee. **There will be no refunds for revoked or suspended memberships.**

STAFF We pride ourselves on a well-trained and enthusiastic staff. All lifeguards are certified in CPR/AED and First Aid, and our swim lesson instructors, swim team coaches, and other instructors have also received extensive trainings or certifications.

PARKING Please park in the designated spots near the pavilion in the main parking lot. **Please be advised MON-FRI 3:00-3:40 PM, the driveway to exit the facility may be blocked by parents picking up their children from camp.**

MEMBERSHIP CARDS Pool Cards are held at the pool entrance. Please stop and see the attendant to verify membership. Be prepared to show photo ID.

GUESTS Guests are ONLY allowed when accompanied by a member. Members are responsible for their guest's behavior. A family may bring up to 2 individual guests or 1 family guest per visit. That same individual/family may not be signed in as a guest more than 5 times per season. Fees: Family Guest \$25 / Adult Guest \$15 / Youth Guest \$10.

BATHHOUSES Changing areas, toilets, and showers are provided. Please do not leave any valuables in the bathhouses. The YMCA is not responsible for any lost or stolen items.

FOOD/SNACK BAR Nuts, nut products, and glass containers are not allowed. For your convenience, there is a concession stand on the pool deck.

SPORTS EQUIPMENT Equipment may be checked out from the Admission (check-in) Monitor. When Monitor is unavailable, please check out at the guard office. Members are responsible for any lost or damaged equipment and will be charged accordingly. **Children under the age of 12 must be accompanied by a parent/guardian when playing Miniature Golf. Shoes or flip flops must be worn to any area outside of the pool.**

SWIM TEST Every person who swims will be swim-tested by a lifeguard to ensure safety. Wrist bands will be given out to deep end and shallow end swimmers. This test needs to be done once during the season. Lifejackets are available for daily use for non-swimmers in the guard office.

POOL CLOSINGS The pool will close immediately in the event of inclement weather. For heavy rain, the pool will reopen when the rain subsides enough to see the bottom of the pool. For thunder and lightning, the pool will reopen 30 minutes after the last sign of thunder or lightning. Patrons may not remain in the pool area, but may congregate under the pavilion.

SUPERVISION Children under the age of 14 must be accompanied by a responsible adult while in the pool area. **Children not toilet trained must wear swim diapers or rubber pants. Children wearing a lifejacket must have a guardian in the water within arm's reach.**

POOL RULES

- No running or horseplay in the pool area.
- No diving in the shallow end of the pool.
- No throwing objects. Use of soft balls or toys will be at the discretion of the Outdoor Center Staff.
- Snorkels, masks, and fins are prohibited.
- Only goggles that do not cover the nose are allowed.
- Lap lane is for lap swimming only.
- Patrons may not visit with lifeguards while on duty.
- The lifeguards and supervisors have final authority as to the safety of an activity.
- Deliberate or repeated disobeying of instructions will lead to disciplinary action.

KIDDY POOL RULES Use of the Kiddy Pool is only for children under the age of 5 AND under 4 feet tall. Children may not be left unattended in the Kiddy Pool at any time, for any reason.

PERSONAL FLOATATION DEVICES

- Only Coast Guard Approved Personal Floatation Devices Type 2 (PFDs) are allowed, identified by the large approval stamp on inside of PFD.
- All other floatation devices (swimmies, noodles, bubbles) are prohibited.
- Children wearing lifejackets must be accompanied by an adult in the water at all times and must remain in the shallow end of the pools.

BOATING RULES

- All children under the age of 14 must be accompanied by an adult unless he/she has passed the swim test.
- State law dictates that all persons using boats must wear a PFD.
- Do not stand in or rock the boats.
- If your boat flips over, hold onto the boat and call for help. **DO NOT ATTEMPT TO SWIM TO SHORE.**



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**CENTRAL CONNECTICUT COAST YMCA
LAKEWOOD-TRUMBULL YMCA
Outdoor Family Center Membership Application**

Membership Type: (circle one) Family Adult Senior

Primary Member (must be an adult)

First Name		MI	Last Name		Date
Gender	Date of Birth	Marital Status		Race (optional)	
Mailing Address			City	State	Zip
Home Phone		Cell Phone		E-mail	
Employer		Occupation		Company Address	Income (optional)
Emergency Contact		Phone Number		Cell Phone	Other Phone

2nd Adult (if applicable)

First Name		MI	Last Name		Date
Gender	Date of Birth	Marital Status		Race (optional)	
Employer		Occupation		Company Address	Income (optional)

Additional Dependent Household Members

First Name	MI	Last Name	Date of Birth	Gender	Adult or Youth
First Name	MI	Last Name	Date of Birth	Gender	Adult or Youth
First Name	MI	Last Name	Date of Birth	Gender	Adult or Youth
First Name	MI	Last Name	Date of Birth	Gender	Adult or Youth
First Name	MI	Last Name	Date of Birth	Gender	Adult or Youth

FAMILY		TOTAL	FEB 15	MARCH 15	APRIL 15	MAY 15
	MEMBER	\$399	\$100	\$100	\$100	\$99
	COMMUNITY	\$949	\$238	\$237	\$237	\$237

ADULT		TOTAL	FEB 15	MARCH 15	APRIL 15	MAY 15
	MEMBER	\$299	\$75	\$75	\$75	\$74
	COMMUNITY	\$399	\$100	\$100	\$100	\$99

SENIOR (65+)		TOTAL	FEB 15	MARCH 15	APRIL 15	MAY 15
	MEMBER	\$249	\$63	\$62	\$62	\$62
	COMMUNITY	\$349	\$88	\$87	\$87	\$87

* MEMBERSHIP MUST BE ACTIVE AT TIME OF REGISTRATION IN ORDER TO RECEIVE THE MEMBER RATE.

Payment Options & Authorizations

- I understand that I am authorizing the Central Connecticut Coast YMCA to contact my bank or credit card company on my behalf to implement an automatic debit/withdrawal (from checking or savings account) or charge (credit or debit card) for my YMCA account.
- I authorize the YMCA to debit/charge the account/card identified below. I certify that such account/card exists and I agree to maintain said account/card with sufficient funds to permit said debit/charge. I understand that this (bank/credit card company) account/card will be kept on file to use for charges to my YMCA account.
- Upon receipt of written notice of cancellation, the YMCA agrees to end any pre-authorized debit/charge from/to my account within 48 hours.
- I have provided the YMCA with a copy of a voided check (in the event I elect to have my checking account debited for my YMCA account) for the sole purpose of verifying my account number and the financial institution's routing number. I understand that the YMCA processes checks as electronic funds transfers, which means a debit to my account as soon as today.
- I agree to notify the Central Connecticut Coast YMCA of any account changes. I understand account changes must be completed 14 days prior to my next debit/withdrawal or charge.
- I agree to notify the Central Connecticut Coast YMCA immediately in the event my credit/debit card is lost or stolen.

I chose to pay in full at time of registration.

I chose to have my fees automatically deducted/charged per the schedule above.

Please select one method of payment:

Debit/Withdrawal from Checking/Savings Account

Charge to Credit Card or
Debit Card VISA MasterCard

Bank Name : _____

Bank Address: _____

Account #: _____

Routing #: _____

Exp. Date _____

Credit / Debit Card Number: _____

Name of the Card: _____

- Should any YMCA account debit or charge not be honored by my bank or credit card company for any reason, I am still responsible for that payment plus a \$20 service charge that will be applied to my account, in addition to any service fee my bank may charge.
- Central Connecticut Coast YMCA reserves the right to terminate my membership for non-payment of membership charges.
- Central Connecticut Coast YMCA reserves the right to disallow bank debits/withdrawals as an option for paying for membership.

Signatures

I have read and agree to the above terms and duration of this agreement:

Signature of Bank Depositor: _____ **Date** _____

Member Code of Conduct

Together, we can all do more to help strengthen our community. Toward that end, Central Connecticut Coast YMCA members should consistently celebrate the YMCA core values of caring, honesty, respect, and responsibility with behavior that illustrates those values. The Central Connecticut Coast YMCA reserves the right to suspend or terminate membership privileges for behavior not in accordance with our values.

Liability and Photo Release

I hereby assume full responsibility for any and all damages, injuries, or losses I or any member of my household may sustain or incur while attending or participating in any YMCA exercise and/or program. I hereby waive all claims against the Central Connecticut Coast YMCA, its instructors or partners, individually or otherwise, for any and all claims for injuries or damages I or any member of my household might sustain. I understand that there is a risk of injury associated with participation in any YMCA program and I certify that I and the members of my household are in good physical condition and have no disabilities that might hinder my/our participation. I certify that all of the information provided in this application is accurate and complete. I hereby grant the Central Connecticut Coast YMCA Association my consent and authorization to use images and video of me and the members of my household for the express purpose of helping the Central Connecticut Coast YMCA to promote its scholarships, services, and programs.

Signatures

I have read and agree to the Member Code of Conduct, Liability and Photo Releases above and certify that the information provided in this application is accurate and complete.

Member Signature: _____ **Date** _____

TO BE COMPLETED BY STAFF:	Staff Name:	Branch:
Member ID:	MFA: Yes – (Attach Form) Income Bracket:	