



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**THE BEST  
SUMMER  
EVER!**



**HAMDEN/NORTH HAVEN YMCA  
NEW HAVEN YMCA YOUTH CENTER  
Camp Mountain Laurel  
2017 Summer Day Camp Brochure**



Do you remember your best summer ever? Was your best summer a combination of exploration, activity, education, friends and fun?

Summer is an ideal time for children to get out and explore. A chance to enjoy recreational and educational activities that help them learn, grow and thrive.

For families looking to keep their children's minds and bodies active, the Y can give them an adventurous, active and healthy summer.

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**CAMP MOUNTAIN LAUREL** provides a fun and unique experience that gives children and teens the opportunity to explore, meet new friends, discover new interests and create memories that last a lifetime. **The Best Summer Ever!**

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. **CAMP MOUNTAIN LAUREL** continues to give youth an enriching and safe experience. Our caring staff and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character.

To ensure that all youth have the chance to experience summer camp, the Hamden/North Haven YMCA, a Branch of the Central Connecticut Coast YMCA, offers financial assistance to those in need. Please talk with us if you or someone you know could use assistance. If you'd like to help send kids to camp, you can donate easily on our web site or at our Y.

**OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.**

## CAMP MOUNTAIN LAUREL

Camp Mountain Laurel is located on 2705 Downes Road in Hamden. Twenty acres of wooded space with an open shelter, outdoor swimming pool, archery station, gaga pit, ropes course and climbing wall. Dirt paths lead you easily to our Main Building where we have arts & crafts, a summer library for reading, bathrooms, changing rooms and the first aid office. In the morning you can hear the birds chirping and children laughing throughout the camp as the sun begins to peak through the leaves – and you'll see the tallest trees ever amongst our new larger than life backyard game stations. Come explore nature's outdoor classroom with us!

We offer a breadth of activities for campers ranging from 3-15 years old. No one sits still at Camp Mountain Laurel! A standard week at camp includes swim lessons followed by recreational swim, archery, weekly STEM activities, hiking, a game of foursquare, soccer or flag football; arts & crafts; quiet reading time, with a little down time to just hanging out with friends. If your child wants something more focused – try one of our Specialty or Swim Camps! Join us for **THE BEST SUMMER EVER!**



**YMCA CAMP MOUNTAIN LAUREL P 203 248 6361 W [hnhymca.org](http://hnhymca.org)**

# CAMP MOUNTAIN LAUREL SPECIALTY CAMPS

## COUNSELOR IN TRAINING

Our Counselor in Training program is ideal for youth 14-15 years old especially Camp Mountain Laurel campers and alumni who are interested in developing leadership skills while working with children. CIT's will be mentored by YMCA staff who will help foster independence and self-confidence in a secure setting. A CIT Application must be submitted to the Y to be considered for this program.

## ROOKIE SPORTS Grades 1-3

Enjoy a variety of sports activities and games with a focus on fun, sportsmanship, and skill development.

## ALL STAR SPORTS Grades 4-7

Play a different sport each day with others your age. Build skills and progress each day.



## BEGINNER SWIM CAMP

Learn the survival float, how to tread water and all the other essential steps it takes to learn how to swim! Focus on the freestyle stroke and maybe the backstroke if they are learning faster than expected!

## INTERMEDIATE SWIM CAMP

Swimmers will have to pass a skills assessment to participate. They will learn how to enhance their weaker strokes and make their best strokes even stronger. Endurance will be built, so they can tread water longer and maintain the survival float. Techniques for other bodies of water will be introduced.



## ANIMAL MANIA Grades 1-6

Let the wild adventure begin! Broaden your horizons with a variety of animals and their natural habitats. Visit local wildlife centers, aquariums, and wetlands. This popular camp fills quickly, register today!

## SCIENCE Grades 1-6

If science is your love, you'll be going to museums, wildlife centers, Audubon Societies, and more! This program reaches capacity early, register now!

## NATURE RANGERS Grades 1-4

Gain an appreciation for the natural beauty of Camp by starting a garden, planting vegetation, finding birds, animals, scavenger hunts, hiking, and crafts. Traditional camp and swimming are included.

## FORT BUILDING Grades 2-7

Campers head into the woods with twine and natural products. Register today! Join us for Family Night and check out the campers' creations.

## OUTDOOR EXPLORERS Grades 2-9

A nature lover's dream! Enjoy hiking, exploring marsh lands and streams, fishing, canoeing, and the Audubon Society.

## DISCOVER THE PAST Grades 1-4

Journey into the past with trips to local museums and attractions. Learn everything from dinosaurs to exotic extinct animals, their eating habits, where they lived and who their biggest rivals were!

# CAMP MOUNTAIN LAUREL SPECIALTY CAMPS

## MACH 1 CHALLENGE Grades 5-8

NEW! The Challenge of Challenges! Spend part of each day with Y challenge course specialists to become super confident scaling the climbing wall, ride the zip line, and take on our high rope elements! Design a Camp obstacle, fun run course! Plus test your new skills on a field trip to a local challenge course. If you're up for the challenge, register early to reserve your space in the program.



## DESTINATION FUN Grades 2-9

Travel Connecticut and enjoy many attractions. Visit the beach, go to a baseball game, try a water park, attend a movie, go bowling, visit a sub base, or take in a science museum. Each day will be fun-filled.

## FORCES OF NATURE Grades 2-6

Science can be fun! Campers will create projects and partake in experiments involving weather, science, and natural habitats. This hands-on program will encourage learning beyond the classroom.

## ULTIMATE ADVENTURES Grades 3-9

Like fun and challenging activities? Take a field trip everyday and travel adventure. Sailing, tubing, canoeing, cave exploration, rock climbing, mountain biking, amusement parks, and a trampoline center. Participants should also be able to swim well.

## GUARD START Grades 6-9

The Guard Start program has a strong focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite. The course also introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and first aid, CPR and AED.

## GET CRAFTY Grades 1-6

NEW! Our Arts & Crafts guru will lead fun activities that can be brought home at the end of the week. Kite making, scrap booking, memory books, deco paging, and pottery for creative campers of all ages.



## TRANSPORTATION

TIME	Bus 1
7:30/5:20-5:25	Dunkin Donuts-State & Ridge Rd
8:00/4:40-4:45	Hill House High School
8:20/4:25-4:30	Helen Street School
TIME	Bus 2
7:45/5:00-5:05	Clintonville School
8:00/4:40-4:45	Our Lady of Mt Carmel Church
8:15/4:25-4:30	Spring Glen School
TIME	BUS 3
8:00/4:30-4:45	New Haven YMCA Youth Center

## SNACK BAR

Back by popular demand! Your children can purchase cold water, juice, and a healthy snack during the camp day. Store accounts are available for purchase so that your child does not have to carry cash with them at camp.

# CAMP MOUNTAIN LAUREL

At the Y, we make kids feel welcome and supported in their development journeys. Our camp counselors are educators, recreation specialists, future teachers and local students - all with a passion for children. With at least eighty percent 18 years old and older, they encourage campers to try new things. They receive an average of 40 hours of training in safety, positive behavior management and activity planning. When summer starts, they are ready to help campers make new friends and do everything possible to ensure **The Best Summer Ever**.

Rooted in the Y's core values of **caring, honesty, respect** and **responsibility**, the Y's approach to youth development helps kids grow in spirit, mind and body, all while having fun.

Children are organized according to the grade they will enter in the fall. Campers will participate in various age appropriate activities.

If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

Summer camp will not be in session on Tuesday, July 4. The Central Connecticut Coast YMCA "All Camp Day" is scheduled for Wednesday, July 26, 2017. Our weekly themes and field trips may change as detail plans are finalized.

**The Y has child care programs available from the day school ends until it begins again! Ask about Y Vacation Club, Y Fun Club, Before, and Afterschool programs.**



## GRADE LEVEL GROUPINGS

ENTERING GRADE	CAMP GROUP
Pre K Ages 3, 4, 5	Discovery
Kindergarten - 1st	Greenhorns
2nd - 3rd	Explorers
4th - 6th	Pioneers
7th - 9th	Adventurers
14 - 15 year olds	CIT Counselor In Training

## WEEKLY THEMES

June 19-23	Aloha Summer
June 26-30	Adventure Awaits
July 3-July 7	Seasons of Fun
July 10-14	Game On!
July 17-21	Super Hero
July 24-28	Color Wars
July 31-August 4	Celebration of Nations
August 7-11	Decades of Fun
August 14-18	Myths and Legends
August 21-25	Water Palooza

# YMCA CAMP HI-ROCK

We also offer an overnight camp experience, a 'home-away-from-home' where campers will grow as individuals, learn to sail and water ski on a beautiful private lake in the Berkshires. Attend an info session at the Y or visit [camphirock.org](http://camphirock.org) for more information.



**REGISTER FOR Y SUMMER CAMP - THE BEST SUMMER EVER!**



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## CONTACT INFORMATION

**HAMDEN/NORTH HAVEN YMCA**  
1605 Sherman Ave, Hamden, CT, 06514  
P 203 248 6361 F 203 281 4858 W hnhymca .org

**NEW HAVEN YMCA YOUTH CENTER**  
52 Howe Street, New Haven, CT, 06511  
P 203 776 9622 F 203 281 4858 W hnhyma .org  
Branches of the Central Connecticut Coast YMCA



## GENERAL CAMP INFORMATION

The Y camp day begins at 9:00am and ends at 4:00pm. The Before Care Program starts at 7:30am and runs until the camp day begins. The After Care Program runs from the time camp is dismissed until 6:00pm.

**Bus transportation:** For Hamden, North Haven and New Haven on a first come, first serve basis.

State regulations require that a fully completed and signed health form must be on file for each camper. Health forms are due no later than two weeks prior to the first day of camp. No camper will be allowed to attend camp without a current, complete form. A physical within the last two years is required with this year's signature and date from your child's physician.

Staff will host open house events prior to camp on:  
Saturday March 18 10 am - 1 pm  
Saturday April 29 10 am - 1 pm  
Saturday May 13 10 am - 1 pm

On these dates, please come visit the camp and meet the staff. Add additional details here so that folks know what to expect when they visit for an Open House.

Camp Mountain Laurel, licensed day camp through the Office of Early Childhood, is accredited by the American Camp Association.

The American Camp Association sets standards that, when followed by a camping program, help to ensure the program is at its best. To learn more about the ACA visit: [www.acacamps.org](http://www.acacamps.org)



## BECOME A Y MEMBER

Enjoy the many benefits of being a Y Member! Experience many free group exercise classes, free child watch, and reduced program fees for the whole family. Be social, connect, and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

## 2017 CAMP FEES

Camp Choice	Weeks Offered	Member	Community Member
Youth Membership	Monthly	\$27.79	N/A
Classic Camp	All	\$170	\$250
Pre/Post Care Pre/Post @ NHYYC Pre/Post @ Hamden	All	\$38/\$40	\$38/\$40
Swim Camp	All	\$210	\$250
Ultimate Adventures	6/26-6/30, 7/31-8/4	\$240	\$280
Outdoor Explorers	8/7-8/11	\$235	\$270
Science Camp	7/24-7/28	\$235	\$275
Animal Mania	7/17-7/21	\$230	\$270
Destination Fun	7/10-7/14, 8/14-8/18	\$235	\$270
Rookie/All Star Sports	7/10-7/14, 8/21-8/25	\$210	\$250
Get Crafty	7/3-7/7	\$176	\$208
MACH 1 Challenge	6/19-6/23	\$220	\$260
Nature Rangers	7/24-7/28	\$210	\$250
Discover the Past	7/3-7/7	\$188	\$220
Fort Building	6/26-6/30, 8/7-8/11	\$220	\$260
Guard Start	7/17-7/21, 8/14-8/18	\$220	\$260
Forces of Nature	7/31-8/4	\$220	\$260

\$25.00 non-refundable, non-transferrable registration fee per camper is required. \$50.00 non-refundable, non-transferrable deposit per camper per week required upon registration. EZ Pay Options are available. Payments can be made monthly, weekly, or biweekly prior to your child's start date of camp once deposits and fees have been paid. Final payments for each session are due the Wednesday prior to the start date of sessions of camp. Financial Assistance forms are due no later than May 1, 2017.

## REGISTRATION STEPS

- Step 1:** Download, pickup, or have us mail you the registration packet. Download at [www.hnhymca.org](http://www.hnhymca.org) or [www.newhavenymca.org](http://www.newhavenymca.org).
- Step 2:** Fill out the registration forms.
- Step 3:** Calculate the deposit.
- Step 4:** Write out your check and mail or drop off forms at the Y.