



the  
VALUES

MOTIVATING IMPACTING  
BRINGING OUR FUTURE  
FAMILIES  
CLOSER ENTHUSIASTIC NURTURING  
STRENGTHENING CHARACTER  
OUR COMMUNITY DEVELOPMENT  
ENCOURAGEMENT

ALWAYS BY YOUR SIDE



2014 ANNUAL REPORT  
Central Connecticut Coast YMCA

**The Central Connecticut Coast  
YMCA puts Judeo-Christian  
principles into practice  
through programs that build  
healthy spirit, mind and body  
for all.**

**One person can make a  
difference, and everyone  
should try.**

**– John F. Kennedy**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Dear Friends,

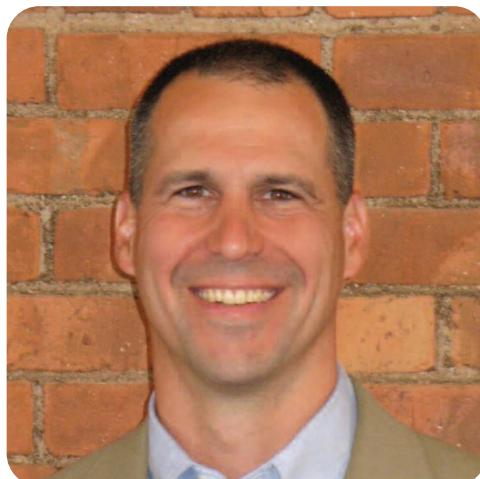
It is with great pride that we report on the success of the Central Connecticut Coast YMCA in 2014. With a strong sense of mission and purpose, we celebrate our achievements in the areas of youth development, healthy living, and social responsibility. Making a positive impact on the lives of those we serve is the inspiration for all that we say and do. An impact report sharing how we do this and the difference that the Y makes is also presented in this Annual Report.

We would like to use the next few sentences to recognize and thank the greatest asset held by the Y – our volunteers. Since its founding in 1844, the Y has celebrated our volunteer leaders who have been the heart and soul of our movement. All Ys are led by volunteers serving on Boards and are supported by volunteers working with important programs and services. Volunteers also work tirelessly to raise funds through the Y's Annual Campaign so that we can welcome all regardless of ability to pay. In 2014, 834 men, women, and children donated 32,439 hours of their time at the Central Connecticut Coast Y. Those are incredible numbers, but it is the spirit, commitment, and expertise brought by our volunteers that allows us to make such a powerful impact on so many lives.

Sincerely,

Dan O'Donnell  
Chair, YMCA Board of Directors

David Stevenson, Ph.D  
President/CEO



Dan O'Donnell



David Stevenson

**These words appear again and again when you catch a clip of a conversation about Central Connecticut Coast YMCA Volunteers.**



## THOUGHTFUL MOTIVATING DEDICATED IMAGINATIVE KIND ENTHUSIASTIC

Your time and passion as a volunteer helps ensure that the Y understands and is responsive to the needs of the community. Y volunteers like you take a personal interest in everyone around them. You develop strong relationships with members and participants of all ages and backgrounds, and encourage others to embody the character values of the Y, which you represent in all ways.

Many Y volunteers have overcome personal challenges; your triumph is being a source of support for and inspiration to others



in need. You make our organization stronger, serving as integral members of our team. You leverage your networks with your passion for and belief in the Y, which results in funding to support critical programs, in raising awareness about the powerful impact of our work, garners materials needed to improve our environment and resources to better deliver our programs and services, and sometimes, to even bring more volunteers to add to the incredible community you create through your commitment to our organization.

You are members, alumni, Board members, advocates, role-models, leaders and the tangible evidence of our success. You, our wonderful volunteers, are valued and appreciated and have a tremendous impact on our community.

Thank you for all you do. Together we will continue to do so much more.

## 2014 H. RICHARD BREW VOLUNTEER SERVICE AWARD

**Christopher Gallo**

Central Connecticut Coast YMCA

**The H. Richard Brew Volunteer Service Award was instituted in 2005 as a way to honor the 35 years of volunteer service to the Central Connecticut Coast YMCA offered by H. Richard Brew. While given upon his retirement from the Association Board of Directors, it is intended that his legacy be honored each year by presenting this award to volunteers who have demonstrated character, commitment and long-term dedication to the YMCA.**



We are truly grateful to Christopher Gallo, and proud to honor him with our 2014 H. Richard Brew Volunteer Service Award. 2015 marks Chris' 25th year of service to our Y. Chris had the pleasure of working side by side Dick Brew and sincerely emulates Dick's commitment to the Y mission.

As a retired CPA, now consulting in litigation support and forensic accounting services for entrepreneurs and family-owned businesses in transition, Chris has led the Y in many capacities. First as Director, then Treasurer, followed by Board Vice Chair, Chairman, and Annual Strong Kids Campaign Chair. Presently, Chris is our Treasurer, and serves on our Board of Directors and Board of Trustees. Chris is also the Chair of our Finance Committee.

Chris recently published his first book, *Unlikely Champions: A Miracle in Williamsport* which celebrates the 25th Anniversary of how the 1989 Trumbull National Little League pulled off one of the biggest upsets in Little League World Series history when they knocked off a heavily-favored team from Taiwan. Chris just loves baseball.

Chris and his wife Debbie reside in Shelton. They have three adult children, Jennifer, Chris and Jessica.

# WE SALUTE OUR 2014 VOLUNTEERS OF THE YEAR

**Sister Eileen Boffa**

Alpha Community Services YMCA

**2014 ADULT VOLUNTEER OF THE YEAR**

**Nicholas Arroyo**

Alpha Community Services YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Diego Marulanda**

Bridgeport YMCA

**2014 ADULT VOLUNTEER OF THE YEAR**

**Krysta Lindo**

Bridgeport YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Colleen Tighe**

Fairfield YMCA

**2014 ADULT VOLUNTEER OF THE YEAR**

**Sage Williamson**

Fairfield YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Leonard Lye**

Hamden/North Haven YMCA

**2014 ADULT VOLUNTEER OF THE YEAR**

**Tyler Wingate-Jenkins**

Hamden/North Haven YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Bill and Dave Johnson**

YMCA Camp Hi-Rock

**2014 ADULT VOLUNTEERS OF THE YEAR**

**Gillian Orlando-Milbauer**

YMCA Camp Hi-Rock

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Rebecca and Stephen Kowalski**

CMAK Foundation

Lakewood-Trumbull YMCA

**2014 ADULT VOLUNTEERS OF THE YEAR**

**Cameron Lazar**

Lakewood-Trumbull YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Jenny Carrillo**

New Haven YMCA Youth Center

**2014 ADULT VOLUNTEER OF THE YEAR**

**Denneya Robinson**

New Haven YMCA Youth Center

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Walter Luckett**

Ralphola Taylor Community Center YMCA

**2014 ADULT VOLUNTEER OF THE YEAR**

**Kimara Smith**

Ralphola Taylor Community Center YMCA

**2014 YOUTH VOLUNTEER OF THE YEAR**

**Patricia Widlitz**  
Soundview Family YMCA  
**2014 ADULT VOLUNTEER OF THE YEAR**

**James Douglas (JD) Shaw**  
Soundview Family YMCA  
**2014 YOUTH VOLUNTEER OF THE YEAR**

**Brian Vignati**  
Stratford YMCA  
**2014 ADULT VOLUNTEER OF THE YEAR**

**Danielle Peterson**  
Stratford YMCA  
**2014 YOUTH VOLUNTEER OF THE YEAR**

**Mary Brozak**  
Valley YMCA  
**2014 ADULT VOLUNTEER OF THE YEAR**

**Lexi Brinkmann**  
Valley YMCA  
**2014 YOUTH VOLUNTEER OF THE YEAR**

**Chad Bedell**  
Woodruff Family YMCA  
**2014 ADULT VOLUNTEER OF THE YEAR**

**Tiffany Truini**  
Woodruff Family YMCA  
**2014 YOUTH VOLUNTEER OF THE YEAR**



SHARE  
YOUR  
SELF  
TEACH  
GIVING  
BACK  
CARING



RESPECT

STR  
OU  
C  
D  
LEAD  
ROLE-MO

## ADVANCING OUR CAUSE

With a special focus on youth development, healthy living, and social responsibility, the Y served **88,492** kids, families, and adults in twenty five towns and cities including Bridgeport and New Haven.

Character development is at the heart of the Y's mission, and the values of caring, honesty, respect, and responsibility were modeled and taught to **32,677** youth in 2014. Through participation in programs including child care, youth sports, summer camping, and Youth in Government, character was built and positive values were reinforced.

Defined as the difference in academic performance between low-income kids and their more privileged peers, the education achievement gap begins early in life for many children. In 2014, the Y made great strides in closing the gap for **1,254** low-income children through our **8** school-readiness programs, **38** after-school programs, and **10** summer camp programs with a special focus on developing reading and writing skills.

The Y has been teaching kids how to swim and be safe around the water for decades. In 2014, **8,408** children participated in Y swimming lessons and water safety education programs representing an increase of **11%** as compared to 2013.

# STRENGTHENING OUR COMMUNITY CHARACTER VALUES DEVELOPMENT

ERS  
DELS      NURTURING  
POWERFUL IMPACT



ADVANCING  
OUR CAUSE      DEDICATED  
ENTHUSIASTIC

Overweight, obesity, physical inactivity, and poor nutrition affect most in our community. About one in four of our neighbors are pre-diabetic, and many do not realize the serious health consequences of leading an unhealthy lifestyle. In 2014, **47,444** youth and adults participated in health, wellness, education, physical activity, and diabetes prevention programs and services.

Chronic homelessness is a challenge faced by many families and adults, particularly in Bridgeport and New Haven. With a large team of social workers and an inventory of **415** apartments, the Y continues to serve as the largest provider of affordable and supportive housing in the state. In 2014, the Y and our partners reduced chronic homelessness by **18%** in Bridgeport and New Haven.

As a source and resource for affordable programs and services, **\$3.0M** in financial assistance was provided to **6,097** financially disadvantaged kids, families, and adults enabling participation in important Y programs or services.

A special thanks to our partners, donors, staff, and the **834** committed volunteers who donated **32,439** hours of their time to help the Y fulfill its mission.



# BOARD OF DIRECTORS

Dan O'Donnell – Chairman  
Lissette Andino – Vice Chair  
Tim Martin – Vice Chair  
Preston Tisdale – Vice Chair  
Diane Chiota – Secretary  
Michael Horton – Asst. Secretary  
Christopher Gallo – Treasurer  
Jason Corsi – Asst. Treasurer  
Jon Leckerling – Past Chair

Nicolas Ancel	William Jennings
Charles Andriole	Blanca Kazmierczak
David Bjorklund	Dr. Dorsey Kendrick
Althea Marshall Brooks	Ron Lesko
Dr. Jenny Carrillo	George Logan
Larry Ciccarelli	Leonard Lye
Leo Connors, Jr.	Kevin McGrath
Mario Coppola	Jatin Mehta
Martha Dulla	Michael Morand
Dr. Mario Garcia	Robert Morton
Stephen Geckeler	David Pantalone
Dr. Jeannette Ickovics	Marc Romanow
Jacqueline James	Dr. David Stevenson



# BOARD OF TRUSTEES



Robert Fiscus – Chairman  
John Crawford – Vice Chair  
Jerry Stagg – Secretary  
Michael Leone – Treasurer

Sandra Brown  
Christopher Gallo  
Richard Hoyt  
Jeffrey Jones

Robert Lyons  
William Maley, Sr.  
Ronald Noren  
Dan O'Donnell

# BRANCH LEADERSHIP TEAM

## Alpha Community Services YMCA

Nicolas Ancel, Board Chair  
Carmen Colón, District Executive Director

## Bridgeport YMCA

Heather Lange, Board Chair  
Timothy Bartlett, District Executive Director

## Elm City YMCA

Tyler McCauley, Executive Director

## Fairfield YMCA

Stephen Geckeler, Board Chair  
Karen Backus, Executive Director

## Hamden/North Haven YMCA

James McGuinness, Board Chair  
Joshua Royce, Executive Director

## Lakewood-Trumbull YMCA

Ron Lesko, Board Chair  
Charles Clifford, District Executive Director

## New Haven YMCA Youth Center

Maggie Sullivan, Interim Board Chair  
Terry McCarthy, Executive Director

## Ralphola Taylor Community Center YMCA

Phyllis Anderson, Board Chair  
Carmen Colón, District Executive Director

## Soundview Family YMCA

Chris Velardi, Board Chair  
Douglas Shaw, Executive Director

## Stratford YMCA

Lawrence Ciccarelli, Board Chair  
Tim Bartlett, District Executive Director

## Valley YMCA

David Pantalone, Board Chair  
Barbara Moore, Executive Director

## Woodruff Family YMCA

Amit Lahav, Board Chair  
Charles Clifford, District Executive Director

## YMCA Camp Hi-Rock

Henry Mitchell, Board Chair  
Jessica Speer-Holmes, Executive Director



# ASSOCIATION LEADERSHIP

**David Stevenson, Ph.D.**  
President/CEO

**Christian Engle**  
Senior Vice President/COO

**Suzanne Freidbacher**  
Vice President, Human Resources/CHRO

**Alice-Anne Harwood Sherrill**  
Vice President, Development/CDO

**Melissa Kessell**  
Vice President, Finance/CFO

**Donna Gill Lisitano**  
Marketing & Communications Director

**Janet Samelwich**  
Controller



# CENTRAL CONNECTICUT COAST YMCA

## **Alpha Community Services YMCA**

387 Clinton Avenue  
Bridgeport CT 06605

## **Bridgeport YMCA**

850 Park Avenue  
Bridgeport CT 06604

## **Elm City YMCA**

900 Chapel Street  
New Haven CT 06510

## **Fairfield YMCA**

841 Old Post Road  
Fairfield CT 06824

## **Hamden/North Haven YMCA**

1605 Sherman Avenue  
Hamden CT 06514

## **Lakewood-Trumbull YMCA**

20 Trefoil Drive  
Trumbull CT 06611

## **New Haven YMCA Youth Center**

50 Howe Street  
New Haven CT 06511

## **Ralphola Taylor Community Center YMCA**

790 Central Avenue  
Bridgeport CT 06607

## **Soundview Family YMCA**

628 East Main Street  
Branford CT 06405

## **Stratford Family YMCA**

3045 Main Street  
Stratford CT 06614

## **Valley YMCA**

12 State Street  
Ansonia CT 06401

## **Woodruff Family YMCA**

631 Orange Avenue  
Milford CT 06461

## **YMCA Camp Hi-Rock**

162 East Street  
Mt. Washington MA 01258



# 2014 FINANCIAL REPORT

## Public Support & Revenue

Program Fees .....	\$ 11,985,130
Membership Dues .....	\$ 6,348,010
Grants .....	\$ 5,909,640
Contributed Income .....	\$ 1,047,390
Facility Rentals .....	\$ 465,070
Investment Income .....	\$ 187,670
United Way Support.....	\$ 86,410
Special Events .....	\$ 64,770
<b>Total Public Support &amp; Revenue .....</b>	<b>\$ 26,094,090</b>

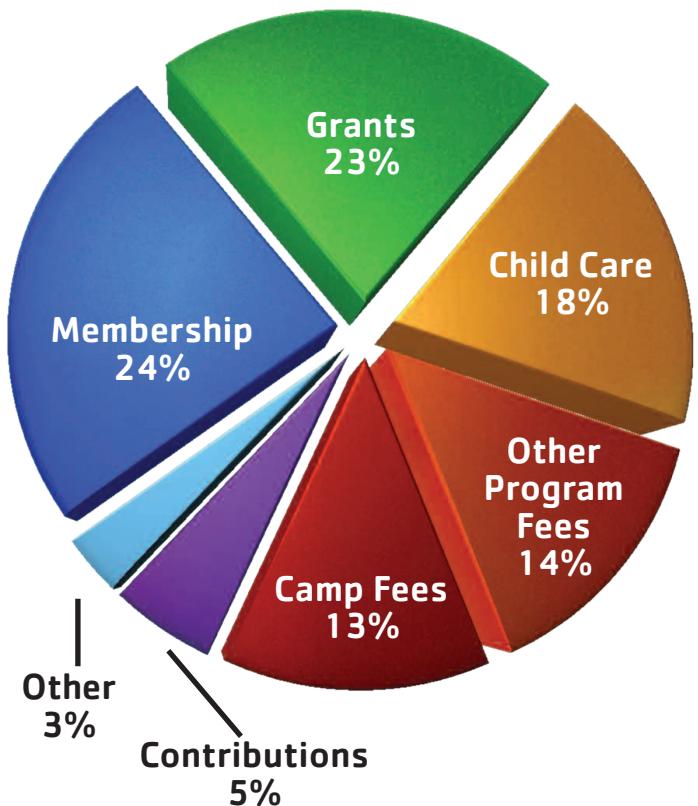
## Expenses

Employee Salaries, Benefits & Taxes.....	\$ 16,380,890
Occupancy .....	\$ 4,346,210
Supplies.....	\$ 1,186,990
Depreciation .....	\$ 1,075,360
Professional Services.....	\$ 1,021,790
Reserves .....	\$ 881,810
Financing Costs.....	\$ 620,600
Transportation .....	\$ 283,700
Publicity & Promotion .....	\$ 180,650
Staff & Volunteer Development .....	\$ 115,890
<b>Total Expenses .....</b>	<b>\$ 26,093,890</b>
Net Income .....	\$ 200

## Net Assets

Net Assets - December 31, 2013 .....	\$ 25,459,040
Change in Net Assets .....	\$ 882,010
Net Assets - December 31, 2014 .....	\$ 26,341,050

## Sources of Revenue





SUPPORT OUR PURPOSE  
LEADERS MOTIVATING  
SHARE YOUR SELF  
BRINGING FAMILIES CLOSER  
VALUES HERE TO HELP  
LOOKING FORWARD

# STRENGTHENING OUR COMMUNITY

ALWAYS BY YOUR SIDE

TEACH

CHARACTER

ALL FOR ONE

THOUGHTFUL  
IMPACTING  
OUR FUTURE  
RESPECT  
LEARN  
GROW  
THRIVE  
ENCOURAGEMENT

VOLUNTEER  
ACCOUNTABLE

ENTHUSIASTIC

KIND

CONCERN FOR OTHERS  
SMILE

HEALTHY SPIRIT  
MIND AND BODY

TEAM

ROLE-MODELS

POWERFUL IMPACT  
IMAGINATIVE COMMUNITY

GIVING

DEDICATED BACK

SINCERE

HONESTY

COMMITMENT  
CARING

ADVANCING  
OUR CAUSE



**CENTRAL CONNECTICUT COAST YMCA**  
Association Office  
1240 Chapel Street, New Haven CT 06511  
203 777 9622 | [cccymca.org](http://cccymca.org)