

**Welcome to the Lakewood-Trumbull YMCA Outdoor Family Center! We are excited you will be joining us for the summer.**

*Please take the time to read these pool rules and regulations so you can have the safest time possible. If you have any questions, please ask one of our friendly staff members who will be happy to assist you.*

### **Aquatics Staff**

We pride ourselves on a well-trained and enthusiastic staff. All lifeguards are certified in CPR/AED and First Aid, and our swim lesson instructors, swim team coaches, and other instructors have also received extensive trainings or certifications.

### **Member Conduct Policy**

The Lakewood-Trumbull YMCA is a family organization valuing personal responsibility, honesty, mutual respect, and non-violence. By joining, members subscribe to YMCA policies and are expected to abide by its rules. Patrons are NOT allowed to bring alcohol, drugs or animals to the facility or onto YMCA property. Smoking is prohibited.

### **Member Suspension/Revocation**

Membership may be revoked or suspended if members engage in vandalism, theft, or unnecessary physical roughness, use obscene or threatening language, or act in an abusive or intimidating manner to other members or staff. Our staff is responsible for enforcing YMCA guidelines and has the right to bar members from the facility/program for violation of rules. Suspension or revocation of membership privileges will occur only after consultation with the Executive Director or his/her designee. **There will be no refunds for revoked or suspended memberships.**

### **Pool Hours**

Monday –Friday: 12:00 pm - 7:15 pm  
Saturday & Sunday: 10:00 am - 7:15 pm

These hours will be in effect from **Saturday May 29th** through **Friday, June 25<sup>th</sup>**, after which the pool will be open until 8:15 pm. In mid August, the pool will return to closing at 7:15 unless otherwise posted.

### **Boating and Mini Golf Hours**

Mon.-Fri: BT 3:40-5:00 pm.- MG 7:00 pm  
Sat. & Sun: BT 12:00-5:00 pm - MG 7:00 pm

**While camp is in session (June 28th-Aug. 20th), activities including but not limited to mini golf, tennis, boating, and use of playground will be available after 3:40 pm. Children under 14 must be with parent or guardian at all times.**

### **Parking**

Please park in the designated spots near the pavilion. Additional parking may be found in front of the administrative building. **Please be advised M-F from 3:00-3:45 pm, driveway to exit facility may be blocked by parents who line up to pick up their children from camp. We apologize for this inconvenience!**

### **Pool Cards**

Pool Cards must be presented at the entrance when arriving and picked up at the end of your stay. There will be a fee to replace lost cards.

### **Guests**

Guests are ONLY allowed when accompanied by a member. Members are responsible for their guest's behavior. A family may bring up to 6 guests or 1 family guest per visit. That same individual/family may not be signed in as a guest more than 8 times during the season as this is an abuse of the system. Members will be given notice if this becomes a problem. The daily rates for guests are:  
**Family: \$20 Adult: \$15 Youth:(under 14) \$10**

### **Supervision**

Children under the age of 14 must be accompanied by a responsible adult (over 18 yrs) while in the pool area. **We strongly suggest that a parent be in the water with shallow end swimmers under age 8 and be within arms reach.** Children not toilet trained must wear swim diapers or rubber pants. Only children under the age of 4 will be permitted in the opposite gender bathhouse. Parents are expected to help enforce all YMCA rules.

### **Swim Test**

Every person who swims will be swim-tested by a lifeguard or supervisor to ensure safety. Wrist bands will be given out to deep end and shallow end swimmers. This test needs to be done once during the season. Lifejackets are available for daily use for non-swimmers in the guard office. We also recommend that groups use the Buddy System or other method to keep track of their members.

### **Pool Rules**

- \* No running or horseplay in the pool area.
- \* No diving in the shallow end of the pool.
- \* No throwing objects. Use of soft balls or toys will be at the discretion of the supervisor and may depend on the number of patrons in the water.
- \* Snorkels, masks, and fins are prohibited. Only goggles that do not cover the nose are allowed.
- \* Lap lane is for lap swimming only. The supervisor has the authority to add additional lanes at his/her discretion.
- \* Patrons may not visit with the lifeguards while on duty.
- \* The lifeguards and supervisors have final authority as to the safety of an activity. Deliberate or repeated disobeying of staff

members' instruction may lead to disciplinary action including membership suspension or revocation.

### **Kiddy Pool Rules**

- \* Use of the Kiddy Pool is only for children under the age of 5 AND under 4 feet tall.
- \* Children may not be left unattended in the Kiddie Pool. Children left unattended will be escorted to the lifeguard office until a parent/guardian can be located.

### **Personal Floatation Devices**

- \* Only Coast Guard Approved Personal Floatation Devices Type 2 (PFDs) are allowed. Please look for the large approval stamp on the inside of your PFD before purchasing or ask a staff member for approval. All other floatation devices (swimmies, noodles, bubbles) are prohibited, even if such devices are used in another YMCA swim program.
- \* Children wearing lifejackets must be accompanied by a parent/guardian in the water at all times and must remain in the shallow end of the pools. A parent must be within arms reach.

### **Boating Rules**

- \*All children under the age of 14 must be accompanied by an adult unless he or she has passed the deep-end swim test to go boating.
- \*State law dictates that all persons using boats must wear a PFD.
- \*Do not stand in or rock the boats.
- \*If your boat flips over, hold onto the boat and call for help. **DO NOT ATTEMPT TO SWIM TO SHORE.**

## **Tennis**

Use of the tennis courts is on a first come-first serve basis, and only when not in use by a scheduled YMCA program. We offer group and private tennis lessons so please ask for information if interested. Children under the age of 8 must be accompanied by an adult.

## **Sports Equipment**

Equipment may be checked out from the Admission (check-in) Monitor. When Monitor is unavailable, please check out at the guard office. Members are responsible for any lost or damaged equipment and will be charged accordingly.

There is a \$1.00 deposit on all of Mini Golf equipment and other sports materials.

**Children under the age of 12 must be accompanied by a parent/guardian when playing Miniature Golf. Shoes or flip flops must be worn to any area outside of the pool.**

## **First Aid**

First Aid is available at the pool office and is administered by YMCA staff. Please notify a lifeguard or supervisor when First Aid is needed. Youth will be assumed to have given consent for treatment if a parent/guardian cannot be found. If a member of your group requires medical supplies for a pre-existing condition or illness outside the scope of general first aid (e.g.-Insulin, Epi-Pen, Constant 02 usage), all supplies must be provided by your group.

## **Pool Closings**

The pool will close immediately in the event of inclement weather. For heavy rain, the pool will reopen when the rain subsides enough to see the bottom of the pool. For thunder and lightening, the pool will reopen 30 minutes after the last sign of thunder or lightening. Patrons may not remain in the pool area, but may congregate under the pavilion. The bathhouses may not be used during a thunder storm. The pool may also close for other reasons to ensure patron safety or to comply with state and local health codes.

## **Bathhouses**

Changing areas, toilets, and showers are provided. Please do not leave any valuables in the bathhouses. The YMCA is not responsible for any lost or stolen items. Facilities are monitored by YMCA staff for cleanliness; please notify a staff member if you see a problem.

## **Food/Snack Bar**

Because of an increase of allergies, nuts and nut products are not allowed. Please also do not bring refreshments in glass containers.

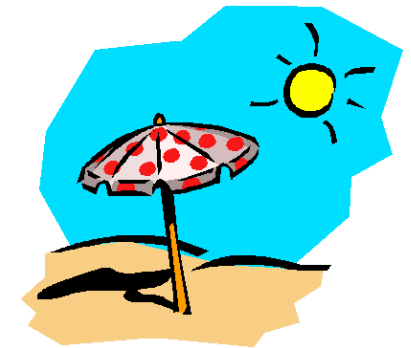
For your convenience, Country Pizza will be operating the concession stand. They will also be available for catering when needed for parties or groups.

## **Fishing**

Fishing is allowed from the bank of the pond only. Individuals must be aware of other people in the area when they cast. Parents must accompany children under the age of 12. Lifeguards are NOT on duty at the fishing pond unless boating is open.

# Lakewood-Trumbull YMCA

## **Outdoor Family Center**



## **Pool Rules and Regulations 2010**

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