

Flying Squirrel (Seasonal)
(Ages 8 & Up)

This party is for the thrill seekers, children and adults. Watch your child run one direction and their friends another, sending your child up in the air. This new age birthday party will have your child going wild and wanting to do it again. Children will get a chance to be a flying squirrel and be lifted by their friends into air. YMCA trained professionals run this party on our challenge course. Bring your friends, family and party supplies. Time is set aside for cake and presents.

Parties held by appointment
Location: Camp & Outdoor Center
Call: Meg @ 445-9633 Ext. 34



Fees:	
6-10 Children	\$205
11-15 Children	\$225
16-20 Children	\$240

Mini-Golf (Seasonal)
(Ages 5 & Up)

Anyone interested in a hole in one challenge or a round of mini-golf played "pool" style? We will spark anyone's interest in mini-golf by adding new challenges to the game or just playing a round of mini-golf. Parties are an hour of mini-golf and it's challenges and a half hour of party time. Come check our Green Ghoulie's Greens!

Parties held by appointment
Location: Camp & Outdoor Center
Call: Marta @ 445-9633 Ext. 32



Fees:	
6-10 Children	\$150
11-15 Children	\$175
16-20 Children	\$200



**We build strong kids, strong families,
strong communities**



YMCA Family Program Center
20 Trefoil Drive
Trumbull, CT 06611
203-445-9633



YMCA Camp & Outdoor Center
P.O. Box 89
204 Stanley Road
Monroe, CT 06468
203-261-2566



**Celebrate Your Birthday at the
Lakewood-Trumbull
YMCA**



Gymnastics



Y-Be-FitKids



Design-a-Party

Basketball



Flying Squirrel

Climbing Wall



Swimming

Mini-Golf



Gymnastics

(Children must be 3 years of age to participate)

During the first 50 minutes of your Gymnastics Birthday Party our instructors will lead the children on an adventure through a gymnastics obstacle course on the floor, then bring them to jump and bounce on our ground level trampoline and 40-foot Tumble Track. The excitement continues as they slide into our 400 sq. foot loose foam pit where they will play hide and seek! This excellent adventure ends with our grand finale, everyone's favorite...the parachute!

During the next 40 minutes of your party you may serve refreshments and open presents.

Parties held on Saturdays & Sundays
Location: Family Program Center
Call: Jen at 445-9633 Ext 24 or
email: jarnone @ccymca.org

Fees:	
1-8 Children	\$200
9-14 Children	\$235
15-21 Children	\$260

Y-Be-FitKids

(Ages 5-10)

FitKids offers a fun-filled and unique party for both boys and girls. Birthday staff will lead this party and offer games and activities using the parachute, jump ropes, hula-hoops and balls. Parties are held in the Aerobics Room and are 90 minutes in length.

Parties held by appointment on Sat & Sun
Location: Family Program Center
Call: Marta @ 445-9633 Ext. 32



Fees:	
1-10 Children	\$175
11-16 Children	\$200
17-20 Children	\$225
21-25 Children	\$250

Basketball

(Ages 4 & Up)

Looking for a sports oriented birthday party? Come to the YMCA and play some hoops in our half-court basketball gym! Sports staff will lead this party and offer basketball games and scrimmages.

Parties are 90 minutes in length with the first 60 minutes for games and the last 30 minutes for pizza, cake and refreshments.

Parties are held on Sat & Sun
Location: Family Program Center
Call: Marta @ 445-9633 Ext. 32



Fees:	
1-8 Children	\$175
9-14 Children	\$200
15-21 Children	\$225



The Lakewood-Trumbull YMCA is proud to offer **Design-A-Party** birthday parties for every age group - for ones and teens and everything in between!

All of our D.A.P. birthday parties run for 90 minutes, and are held in the community room and include: dedicated party planner, personalized invitations, private party room, party staff, party themed games, a craft and set-up and clean-up.

Either book a Basic party with all the decorations, food and goody bags provided by you, or you can hand it all over to our capable staff with a Super or Deluxe party so you have no worries!

Pick from one of our many popular themes or create your own!

Parties held on Saturdays and Sundays
Location: Family Program Center
For more details regarding themes or Super or Deluxe parties and pricing, please contact
Amy Arnone @ 445-9633 Ext. 45

Basic Party Fees:	
1 - 8 Children	\$175
9 - 13 Children	\$200
14 - 18 Children	\$225
19 - 23 Children	\$275

Climbing Wall (Seasonal)

(Ages 8 & Up)

For children and adults. Trained YMCA facilitators will run this birthday party for you while you get a chance to watch everyone scale our 35 ft climbing tower. Bring your family, friends and party supplies! Parties run for 2 hours and the last half hour is set aside for gifts and cake.

Parties held by appointment
Location: Camp & Outdoor Center
Call: Meg @ 445-9633 Ext. 34

Fees:	
6-10 Children	\$175
11-15 Children	\$205

Swimming (Seasonal)

(Ages 6 & Up)

During the dog days of summer, what better way to celebrate a birthday than by swimming? Our new Pool Parties last for 90 minutes. The first 60 minutes of the party will be free swim time and games. The remainder of the party will take place at the Pavilion, where you can celebrate with cake, pizza and other goodies.

Parties held by appointment
Location: Camp & Outdoor Center
Call: Marta @ 445-9633 Ext. 32



Fees:	
1-10 Children	\$175
11-15 Children	\$200
16-21 Children	\$225